

Freezer Storage

Frozen Item	Freezer	In Refrigerator After Thawing
Bagels	2 months	1 to 2 weeks
Bread dough	Use-by-date	After baking, 4 to 7 days
Burritos, sandwiches	2 months	3 to 4 days
Egg Substitutes	12 months	Date on carton
Fish, breaded	3 months	Do not defrost. Cook frozen.
Fish, raw	6 months	1 to 2 days
Fruits such as berries, melons	4 to 6 months	4 to 5 days
Guacamole	3 to 4 months	3 to 4 days
Ice cream	2 to 4 months	Not applicable
Juice Concentrates	6 to 12 months	7 to 10 days
Lobster Tails	3 months	2 days
Pancakes, Waffles	2 months	3 to 4 days
Sausages, uncooked	1 to 2 months	1 to 2 days
Precooked	1 to 2 months	7 days
Sherbet, sorbet	2 to 4 months	Not applicable
Shrimp, shellfish	12 months	1 to 2 days
Topping, Whipped	6 months	2 weeks
TV Dinners, Entrees, Breakfast	3 months	Do not defrost. Cook frozen.
Vegetables	8 months	3 to 4 days