

## Storing Shelf Stable Foods

Shelf Stable Foods	Unopened in Pantry	In Refrigerator After Opened	In Pantry After Opened
Baby Food, Jars or Cans Fruits & vegetables Meats & eggs Cereal, dry mixes Formula	2 months after date 2 months after date Use-by date Use-by date	2 to 3 days 1 day  1-2 days	2 months
Bacon Bits, Imitation	4 months		4 months
<b>BAKING INGREDIENTS</b> Baking Powder Baking Soda Biscuit or Pancake Mix Cake, Brownie and Bread Mixes Cornmeal, regular degerminated Stone ground or blue Cornstarch Flour, White Flour, Whole Wheat Frosting, canned Frosting Mixes	6 months 18 months 15 months 12 to 18 months 6 to 12 months 1 month 18 months 6 to 12 months 1 month 10 months 12 months	12 months 2-3 months  6 to 8 weeks 1 week	3 months 6 months Pkg use-by date Pkg use-by date  18 months 6 to 8 months  3 months
Beans, dried	12 months		12 months
Canned Goods, Low Acid (Such as meat, poultry, fish, gravy, stew, soups, beans, carrots, corn, pasta, peas, potatoes, spinach)	2 to 5 years	3 to 4 days	
Canned Goods, High Acid (Such as juices, fruit, pickles, sauerkraut, tomato soup, and foods in vinegar-based sauces)	2 to 18 months	5 to 7 days	
Cereal, Ready-to-Eat Cook before eating (oatmeal, etc.)	6 to 12 months 12 months		3 months 6 to 12 months
Chocolate, unsweetened and semi-sweet	18 to 24 months		1 year
Chocolate Syrup	2 years	6 months	
Cocoa and Cocoa Mixes	Indefinitely		1 year
Coffee Whole Beans, non-vacuum bag Ground, in cans Instant, jars and tins	1 to 3 weeks 2 years 12 months	3 to 4 months frozen 2 weeks	2 to 3 months
<b>CONDIMENTS</b> Barbecue sauce, bottled Catsup, tomato; sauce cocktail or chili Chutney Horseradish, in jar Mayonnaise, commercial Mustard Olives, black and green Pickles Salad Dressing, commercials, bottled	12 months 12 months 12 months 12 months 2 to 3 months 12 months 12 to 18 months 12 months 10 to 12 months	4 months 6 months 1 to 2 months 3 to 4 months 2 months 1 year 2 weeks 1 to 2 months 3 months	1 month 1 month    1 to 2 months

Salsa, picante and taco sauce	12 months	1 month	
Cookies, packaged	2 months	8 to 12 months frozen	4 weeks
Crackers	8 months	Freeze or refrigerate 3 to 4 months	1 month
Diet Powder Mixes	6 months		3 months
Extracts, vanilla, lemon etc.	3 years		1 year
Garlic, chopped, commercial jars	18 months	Refrigerate; use by date on jar	
Gelatin, flavored Unflavored	18 months 3 years		Use all or reseal for 3 to 4 months
Gravy, jars and cans Dry gravy mixes	2 to 5 years 2 years	1 to 2 days	Mix entire packet
Herbs, dried	1 to 2 years		Store in cool, dark place 1 year
Honey	12 months		12 months
Jams, Jellies, Preserves	12 months	6 months	
Juice, boxes	4 to 6 months	8 to 12 days	
Lentils, dried	12 months		12 months
Maple Syrup, pure genuine	12 months	12 months	
Marshmallows, Marshmallow Crème	2 to 4 months		1 month
Milk, canned evaporated	12 months	4 to 5 days	
Molasses	12 months		6 months
Mushrooms, dried	6 months		3 months
Oils, olive or vegetable Walnut, macadamia, other nut oils Vegetable oil sprays	6 months 6 months 2 years	4 months	4 to 6 months 1 year
Nuts, jars or cans	12 months	4 to 6 months Freeze 9 to 12 months	
Pasta, dry, made without eggs Dry egg noodles	2 years 2 years		1 year 1 to 2 months
Peanut Butter, commercial	6 to 9 months		2 to 3 months
Peas, dried split	12 months		12 months
Pectin	Use by pkg date		1 month
Popcorn, dry kernels in jar Commercially popped in bags Microwave packets	2 years 2 to 3 months 1 year		1 year 1 to 2 weeks 1 to 2 days popped
Potato Chips	2 months		1 to 2 weeks
Potatoes, instant	6 to 12 months		6 to 12 months
Pudding mixes	1 year		3 to 4 months
Rice, white or wild Brown Flavored or herb mixes	2 years 1 year 6 months	6 months	1 year Use entire amount
Sauce Mixes, non-dairy (spaghetti, taco, etc.) Cream sauces with milk solids	2 years 1 year		Use entire amount Use entire amount

Shortening, solid	8 months		3 months
Soda, such as carbonated cola drinks, mixers: Diet sodas, bottles or cans Regular sodas, bottles Regular sodas, cans	3 mons after date 3 mons after date 9 mons after date	2 to 3 days 2 to 3 days Not applicable	
Soup Mixes	1 year		Use entire amount
Spices, whole Ground Paprika, red pepper, chili powder	2 to 4 years 2 to 3 years 2 years	Store in refrig.	Included in total Included in total
Sugar, Brown Granulated Confectioners Sugar Substitutes	4 months 2 years 18 months 2 years		Sugar never spoils
Syrup, Pancake, Maple & other flavors	1 year		1 year
Tapioca	1 year		1 year
Tea, Bags Loose Instant	18 months 2 years 3 years		1 year 6 to 12 months 6 to 12 months
Toaster Pastries, fruit-filled Non-fruit fillings	6 months 9 months		Keep foil packets sealed
Tomatoes, Sun Dried, packed in oil Packed in cellophane	12 months 9 months	6 to 12 months	3 to 6 months
Vinegar	2 years		12 months
Yeast, dry, packets and jars	Use by date	Refrigerate open jars	
Water, bottled	1 to 2 years		3 months
Worcestershire Sauce	1 year		1 year