

# The Edible Editorial

May 2022



## HOMEMADE (HM) VS. ADDED

Even though some prepared boxed or frozen items are not creditable the way they have been manufactured, food items may be added to them during the cooking process to make them creditable. Below is an explanation of how to write out meals that have been homemade or have components added to them.

*Frozen or Delivery (Take Out) Pizza-* Because there is no way of knowing the amount of toppings the manufacturer has placed on the pizza, the only creditable component is the crust as a bread/grain.

- To make the pizza creditable as a meat/meat alternate component ADD cheese, pepperoni or another meat/meat alternate to the purchased pizza.
- To make the pizza creditable as a fruit/vegetable component ADD mushrooms, sauce or another fruit/vegetable. No matter how many fruit/vegetable components are added, the pizza can only be creditable as one fruit/vegetable on the menu. Another fruit/vegetable component must be served on the side. To let us know what component is the side dish, SD should be written on the menu next to the appropriate item. An example of how this should be written is located below.

Cheese (added)  
Mushrooms/Onions (added)  
Peaches (SD)  
Crust  
Milk

*Homemade Pizza-* If a pizza is made from scratch, one meat/meat alternate, one fruit/vegetable & one bread/grain can be credited because the provider is able to place the required amount of toppings on the pizza. However, only one fruit/vegetable component is allowed. A side dish of a fruit/vegetable will also need to be served. An example of how this should be written is located below.

Pepperoni (HM)  
Tomato Sauce  
Pineapple (SD)  
Crust  
Milk

For more on this topic and other training, visit the Online Training section of our web page at [www.midmichigancc.com](http://www.midmichigancc.com)

The Edible Editorial is a monthly publication for child care professionals sponsored by Mid Michigan Child Care Centers, Inc. (a Child Care Food Program Sponsor) established in 1981.

**Suggestions, Comments or Ideas for future editions of The Edible Editorial?**

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**STAYING CONNECTED**

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Should you need supplies mailed, simply leave a detailed voice mail on Ext 220 and they will be sent out within one business day.

Reminder most of our forms are available for download and printing on our web page at [www.midmichigancc.com](http://www.midmichigancc.com)

## REMINDER.....

**You should have received a package with an annual training, a new application and a new agreement with our Food Program by now. Please be sure to fill out all of the forms and return those items as soon as possible. If you have not received this information yet please call our office right away and ask for Donna. Delay in having these items could cause you to not receive your reimbursement checks in a timely manor.**



- All claims are due in the office no later than the 5th of every month.
- Email or call our office each and every time you are out of your home during a meal or closed for the day. Reviews are being conducted and you will be docked payment for meals or found Serious Deficient for lack of doing so.



**Recommend a Provider receive a special prize.**

**We cover the entire state of Michigan.**

## **Contributors**

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**Stay  
Connected**



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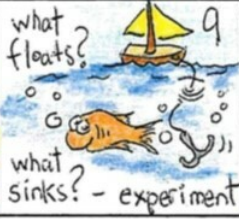



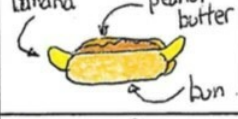
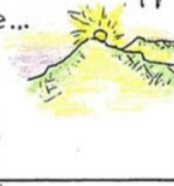


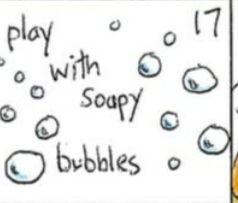





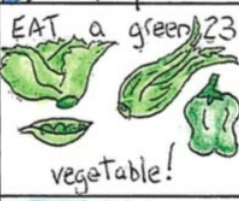



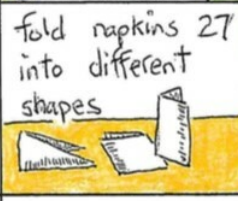






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[www.facebook.com/midmichigancc](http://www.facebook.com/midmichigancc)

# MAY

ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Mother goose day - read your favorite nursery rhymes 1</p> 	<p>draw a picture TOGETHER! 2</p> 	<p>make up a story about worms 3</p> 	<p>tell someone why you LOVE them 4</p> <p>let me count the ways</p> 	<p>CELEBRATE 5</p> <p>Linco de Mayo</p> 	<p>pick ten dandelions 6</p> 	<p>make a card for MOM 7</p> 
<p>MOTHER'S DAY - give mom a Kiss! 8</p> 	<p>what floats? what sinks? - experiment 9</p> 	<p>do you know your address? 10</p> 	<p>do you know your phone number? 11</p> 	<p>FINGER PAINT - 12</p> <p>with Ketchup?</p> 	<p>ENJOY a banana dog! 13</p> <p>banana peanut butter bun</p> 	<p>watch a sunrise... where has it been? 14</p> 
<p>sit under a tree... look for birds and bugs! 15</p> 	<p>FIND and wear blue clothes today 16</p> 	<p>play with soapy bubbles 17</p> 	<p>imitate animal sounds (woof, heeank, squeak) 18</p> 	<p>Help make cookies, munch a few with milk! 19</p> 	<p>VISIT THE LIBRARY 20</p> 	<p>plant a vegetable garden 21</p> 
<p>Help with chores around the house 22</p> 	<p>EAT a green vegetable! 23</p> 	<p>sing and dance to your favorite songs 24</p> 	<p>READ a book TOGETHER! 25</p> 	<p>talk about fast and slow 26</p> 	<p>fold napkins into different shapes 27</p> 	<p>take a walk 28</p> 
<p>Smell different flowers 29</p> 	<p>MEMORIAL DAY! 30</p> 	<p>name body parts (knee, elbow, heel, toe) 31</p> 				



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# Spring Coloring Page

Follow the suggested colors to create a beautiful spring scene, or choose your own colors to make it uniquely yours!

