

MEAT & MEAT ALTERNATES

| | |
|-----|----------------------------|
| 01 | Beef Franks *HF/I |
| 02 | Beef Ground HF/I |
| 03 | Beef Liver HF/ACI |
| 04 | Beef Lunchmeat |
| | / Processed *HF/I |
| 05 | Beef Ribs HF/I |
| 14 | Beef Steak I |
| 06 | Beef Stix **HF/I |
| 07 | Braunschwieger *HF |
| 08 | Brisket HF |
| 11 | Corn Dog *HF |
| 10 | Corned Beef HF/I |
| 13 | Fresh Sausage - Beef *HF/I |
| 56 | Pepperoni CN **I |
| 12 | Roast Beef I |
| 15 | Stew Meat - Beef I |
| 16 | Tongue I |
| 20 | Chicken I |
| 21 | Chicken Franks *HF/I |
| 22 | Chicken Gizzards I |
| 23 | Chicken Liver ACI |
| 24 | Chicken Lunchmeat |
| | / Processed *HF/I |
| 25 | Chicken Nuggets HF/I |
| 26 | Chicken Stix *HF/I |
| 27 | Catfish |
| 28 | Clams CI |
| 30 | Crab *I |
| 31 | Fish Filets |
| 32 | Fish Sticks *HF |
| 33 | Other Fish |
| 34 | Salmon * |
| 35 | Shrimp *I |
| 36 | Tuna I |
| 40 | Canadian Bacon I |
| 46 | Fresh Sausage - Pork *HF/I |
| 41 | Ham I |
| 43 | Pork Chops / Cutlet HF/I |
| 42 | Pork Kielbasa CN HF/I |
| 44 | Pork Lunchmeat |
| | / Processed *HF/I |
| 45 | Pork Roast I |
| 48 | Spare Ribs HF/I |
| 55 | Turkey I |
| 142 | Turkey Bacon CN |
| 50 | Turkey Breast I |
| 51 | Turkey Franks *HF/I |
| 52 | Turkey Ground I |
| 53 | Turkey Ham I |
| 54 | Turkey Lunchmeat |
| | / Processed *HF/I |

CHILDREN'S FOOD CHART

BREAD & BREAD ALTERNATES

| | |
|-----|-----------------------------|
| 01 | Bagel I |
| 02 | Biscuits I |
| 04 | Bran Muffins I |
| 03 | Bread Sticks (Soft Only) |
| 44 | Breading (CN) CN |
| 38 | Buns / Rolls |
| 05 | Chow Mein Noodles *HF |
| 07 | Corn Dog Wrap * |
| 06 | Cornbread or Corn Muffin *I |
| 08 | Croissants HF/I |
| 10 | Dumplings * |
| 11 | Egg Roll / Wonton Wraps * |
| 12 | English Muffin I |
| 13 | Fat Bread |
| 14 | French Bread |
| 15 | French Toast *I |
| 16 | Fry Bread HF |
| 147 | Garlic Bread / Toast * |
| 17 | Hamburger Buns I |
| 18 | Hawaiian Bread |
| 20 | Hot Dog Buns |
| 21 | Hush Puppies *HF |
| 22 | Italian Bread |
| 23 | Oatmeal Bread I |
| 24 | Pilot Bread |
| 25 | Pita Bread I |
| 26 | Potato Bread |
| 27 | Pumpernickel Bread |
| 28 | Rolls I |
| 30 | Rye Bread |
| 31 | Scones * |
| 32 | Sourdough Bread |
| 33 | Spoonbread * |
| 34 | Stuffing / Dressing |
| 35 | Wheat Bread I |
| 36 | White Bread I |
| 37 | Cereal Snack Mix *BR/SN/I |
| 40 | Cold Cereal I |
| 41 | Hot Cereal |
| 51 | Brownies (no frosting) SN |
| 53 | Cake (No Frosting) SN |
| 52 | Cinnamon or |
| | Sweet Rolls BR/SN |
| 50 | Cookies SN |
| 54 | Donuts (no frosting) BR/SN |
| 55 | Gingerbread SN |
| 56 | Granola / |
| | Cereal Bar BR/SN/I |
| 57 | Popovers / Toaster |
| | Pastries BR/SN |
| 210 | Animal Crackers - Plain |

BREAD & BREAD ALTERNATES

| | |
|-----|---------------------------|
| 211 | Cheese Crackers |
| 212 | Club Crackers |
| 60 | Graham Crackers-Honey *I |
| 213 | Graham Crackers-Original |
| 214 | Hi Ho / Ritz Crackers |
| 61 | MeiBa Toast |
| 64 | Other Crackers |
| 215 | Oyster Crackers |
| 216 | Rye Crisps |
| 62 | Saline Crackers |
| 63 | Sack Crackers |
| 220 | Soda Crackers |
| 221 | Teething Biscuit |
| 65 | Wheat Crackers I |
| 66 | Zwieback I |
| 70 | Pie Crust *HF |
| 71 | Pizza Crust *I |
| 72 | Puff Pastry Shells *HF |
| 80 | Barley |
| 81 | Bulgur |
| 113 | Cheese Puffs LD/SN |
| 112 | Chip, Corn/Wheat |
| 42 | Corn Dog Wrap * |
| 82 | Couscous |
| 83 | Farina I |
| 37 | Gold fish crackers |
| 84 | Grits (Enriched Flour) |
| 85 | Let'sa |
| 86 | Millet |
| 87 | Oats AI |
| 43 | popcorn WG * |
| 276 | Quinoa |
| 114 | Sun Chips LD/SN |
| 88 | Pancakes / Waffles I |
| 100 | Egg Noodles *I |
| 101 | Lasagna Noodles I |
| 102 | Macaroni Noodles I |
| 103 | Other Noodles I |
| 107 | Pasta Noodles, Various I |
| 108 | Pierogies Bread |
| 104 | Ramen Noodles I |
| 105 | Ravioli I |
| 106 | Soup Noodles (Packaged) I |
| 110 | Pretzel, Hard *I |
| 111 | Pretzel, Soft I |
| 120 | Bread Pudding SN |
| 121 | Rice Pudding SN |
| 130 | Brown Rice WG I |

Enriched or Whole Grain Flour

| | |
|-----|------------------|
| 130 | Brown Rice WG I |
| 131 | Fried Rice *HF/I |
| 132 | Rice Cakes I |
| 133 | Spanish Rice |
| 134 | White Rice I |
| 135 | Wild Rice WG I |
| 140 | Corn / Flour |
| | Tortilla |
| 141 | Taco Chips * |
| 142 | Taco Shell * |
| 143 | Fruit Muffin |
| | / Bread * |
| 146 | Other Muffins *I |
| 145 | Other Quick |
| 144 | Vegetable Muffin |
| | / Bread * |

CHILDREN'S FOOD CHART

VEGETABLES

- 150 Artichokes
- 151 Asparagus C
- 152 Avocado HF
- 153 Bamboo Shoots
- 154 Beets
- 155 Broccoli
- 156 Broccoli AC
- 157 Brussel Sprouts
- 158 Carrots A
- 159 Cauliflower C
- 160 Celery
- 161 Corn
- 162 Cucumbers
- 163 Eggplant
- 164 Mixed Vegetables
- 165 Mushrooms
- 240 Okra C
- 166 Okra (fresh) C
- 167 Olives
- 168 Onions C
- 170 Parsnip C
- 171 Peppers, Red / Yellow C
- 172 Pickles
- 175 Rutabagas C
- 174 Salsa
- 176 Sauerkraut
- 177 Spinach ACI
- 178 Sprouts (any kind)
- 180 Squash C

- 181 Baked Beans I
- 182 Black Beans I
- 183 Great Northern Beans I
- 184 Green / Yellow Beans I
- 185 Lentils I
- 186 Lima Beans CI
- 187 Mung Beans I
- 188 Navy Beans I
- 200 Other Beans I
- 201 Pinto Beans I
- 202 Red / Kidney Beans I
- 203 Refried Beans I
- 204 Soybeans I
- 205 Wax / Yellow Beans CI
- 206 Cabbage C
- 207 Collard Greens AC
- 213 Greens, Mustard AC
- 215 Greens, Turnip AC
- 208 Jicama
- 210 Kale AC
- 211 Lettuce
- 212 Lettuce and Tomato
- 214 Tossed Salad

- 235 Blackeyed Peas I
- 216 Dried Peas I
- 217 Garbanzo Beans / Chick Peas I
- 218 Green Peas CI
- 220 Peas and Carrots ACI
- 221 Baked Potato
- 222 French Fries HF/C
- 223 Fried Potatoes HF/C
- 224 Hash Browns HF/C
- 225 Mashed Potatoes C
- 226 Other Potato
- 227 Potato Salad C
- 228 Potato Skins C
- 230 Sweet Potato/Yams AC
- 234 Tater Tots HF/C
- 231 Stewed Tomatoes AC
- 233 Tomato Sauce AC
- 232 Tomatoes, Fresh AC
- 250 Bean Soup I
- 253 Chili
- 254 Chunky Vegetable Soup
- 255 Clam Chowder
- 257 Minestrone Soup
- 258 Potato Soup C
- 260 Split Pea Soup I
- 261 Tomato Soup AC
- 263 Vegetable Soup A

- 01 Apples C
- 02 Applesauce C
- 03 Apricots A
- 04 Bananas C
- 05 Blackberries C
- 06 Blueberries C
- 07 Boysenberries
- 08 Cantaloupe AC
- 43 Cherries A
- 10 Cranberries / Sauce
- 11 Dates
- 12 Figs
- 13 Grapefruit C
- 14 Grapes
- 15 Guava C
- 16 Honeydew Melon AC
- 17 Jello with Fruit
- 18 Kiwi C
- 20 Mandarin Oranges AC
- 21 Mangos AC
- 22 Mixed Fruit
- 23 Nectarines AC
- 24 Oranges C
- 25 Papaya AC
- 26 Peaches AC
- 27 Pears C
- 28 Persimmons
- 30 Pineapple C
- 31 Plums AC
- 32 Prunes AI
- 33 Raisins *I
- 34 Raspberries C
- 35 Rhubarb
- 36 Star fruit
- 37 Strawberries C
- 38 Tangerines C
- 40 Ugli Fruit
- 42 Waldorf Salad
- 41 Watermelon AC
- 50 Apple Cider* *C
- 51 Apple Juice* *C
- 52 Carrot Juice* *A
- 53 Cherry Juice* *A
- 54 Grape Juice* *C
- 55 Grapefruit Juice* *C
- 56 Juicy Juice* *
- 57 Mixed / Blended Juice (100% Juice)* *
- 58 Orange Juice* *C
- 60 Pear Juice / Blends
- 100% Juice* *C
- 61 Pineapple Juice* *C
- 62 Prune Juice* *AI
- 63 Tomato / Vegetable Juice* *AC

- 64 Tropical Blend / Juice* *
- 173 Pumpkin AC

- 1 Buttermilk *A
- 2 Eggnog (Commercial) *
- 3 Flavored Milk (Choc / Strawb) *A
- 7 Fluid Milk *A
- 8 Milkshakes HM *A
- 9 Special Provision/Soy Milk (Dr Statement Req) *

| LEGEND | |
|--------|---|
| * | Not Reimbursable for Infants Under 1 Year |
| BR | Breakfast Only |
| BR/SN | Breakfast or Snack Only |
| CN | Pre-packaged Foods |
| DBL | Must Have a CN Label |
| HF | Double Portion Required |
| | High Fat (Serve no more than 3X's/Week) |
| HM | Homemade |
| SN | Snack Only |
| LD | Lunch/Dinner Only |
| HS | High Salt |
| WG | Whole Grain-Rich |
| ACI | Vitamins A, C and Iron |

INFANT FOOD CHART

- 217 Cooked Dry Beans / Peas
- 211 Infant Beef
- 212 Infant Chicken
- 210 Infant Egg
- 213 Infant Ham
- 214 Infant Lamb
- 215 Infant Turkey
- 216 Infant Veal
- 218 Unprocessed Cheese

- 11 Breast Milk / Iron Fort. Infant Formula
- 13 Parent Supplied Formula
- 12 Special Formula (Medical Form Required)

- 201 Infant Barley Cereal
- 202 Infant High-Protein Cereal
- 203 Infant Mixed Cereal
- 204 Infant Oatmeal Cereal
- 205 Infant Rice Cereal
- 201 Infant Barley Cereal
- 202 Infant High-Protein Cereal
- 203 Infant Mixed Cereal
- 204 Infant Oatmeal Cereal
- 205 Infant Rice Cereal

VEGETABLES / FRUITS
Make selections from the regular food chart.