

Mid Michigan Child Care Centers

Meat/Alt		
Beef		43 Pork Chops / Cutlet HF (I)
1 Beef Franks * HF (I)		44 Pork Lunchmeat / Processed * HF (I)
2 Beef Ground HF (I)		45 Pork Roast (I)
3 Beef Liver HF (ACI)		48 Spare Ribs HF (I)
4 Beef Lunchmeat / Processed * HF (I)		Turkey
5 Beef Ribs HF (I)		55 Turkey (I)
14 Beef Steak (I)		142 Turkey Bacon CN
7 Braunschwieger * HF		50 Turkey Breast (I)
8 Brisket HF		51 Turkey Franks * HF (I)
11 Corn Dog * HF		52 Turkey Ground (I)
10 Corned Beef HF (I)		53 Turkey Ham (I)
13 Fresh Sausage - Beef * HF (I)		54 Turkey Lunchmeat / Processed * HF (I)
12 Roast Beef (I)		Other Meats
15 Stew Meat - Beef (I)		57 Lamb (I)
16 Tongue (I)		18 Tofu
Chicken		58 Veal (I)
20 Chicken (I)		Dried Beans Legumes or Peas
21 Chicken Franks * HF (I)		62 Baked Beans
22 Chicken Gizzards (I)		63 Bean Soup (I)
23 Chicken Liver (ACI)		64 Black Beans (I)
24 Chicken Lunchmeat / Processed * HF (I)		65 Blackeyed Peas (I)
25 Chicken Nuggets HF (I)		66 Chili Beans (I)
26 Chicken Stix * HF (I)		67 Garbanzo Beans / Chick Peas (I)
Seafood		68 Great Northern Beans (I)
27 Catfish		38 Hummus
28 Clams (CI)		70 Lentils (I)
30 Crab * (I)		71 Lima Beans (CI)
31 Fish Fillets		72 Mung Beans (I)
32 Fish Sticks * HF		73 Navy Beans (I)
33 Other Fish		74 Other Beans (I)
34 Salmon *		75 Pinto Beans (I)
35 Shrimp * (I)		76 Pork N Beans (I)
36 Tuna (I)		77 Red / Kidney Beans (I)
Pork		78 Refried Beans (I)
40 Canadian Bacon (I)		80 Soybeans (I)
46 Fresh Sausage - Pork * HF (I)		Cheeses
41 Ham (I)		81 American Cheese HF
		82 Cheddar Cheese HF
Legend:	CN Must Have CN Label	HF High Fat
	DEL Double Portion Required	HM Homemade
	* Disallowed for Infants 6-11 months	HS High Salt
	~ Disallowed for Non-Infants	A Vitamin A
	BR Breakfast Only	C Vitamin C
	BR/SN Breakfast or Snack Only	I Iron
	SN Snack Only	+ Allow But Warn
	WG Whole Grain-Rich	

Mid Michigan Child Care Centers

Meat/Alt			
Cheeses			
83	Cheese Food / Slices / Spread * HF		
84	Colby-Jack Cheese		
85	Cottage Cheese		
86	Farmer Cheese		
87	Fried Cheese Sticks * HF		
88	Mozzarella Cheese		
104	Other Cheese		
100	Pimento Cheese * HF		
101	Ricotta Cheese		
102	String Cheese		
103	Swiss Cheese HF		
Eggs			
110	Egg * (I)		
Peanut Butter			
120	Peanut Butter * (I)		
Yogurt			
130	Yogurt		
Nuts or Seeds			
140	Nuts (Assorted) * SN		
141	Seeds * SN		
Brd/Alt			
Breads			
1	Bagel (I)		
2	Biscuits (I)		
4	Bran Muffins (I)		
3	Bread Sticks (Soft Only)		
44	Breading (CN) CN		
38	Buns / Rolls		
5	Chow Mein Noodles * HF		
7	Corn Dog Wrap *		
6	Cornbread or Corn Muffin * (I)		
8	Croissants HF (I)		
10	Dumplings *		
11	Egg Roll / Wonton Wraps *		
12	English Muffin (I)		
13	Flat Bread		
Legend:			
CN	Must Have CN label	HF	High Fat
DBL	Double Portion Required	HM	Homemade
*	Disallowed for Infants 6-11 months	HS	High Salt
~	Disallowed for Non-Infants	A	Vitamin A
BR	Breakfast Only	C	Vitamin C
BR/SN	Breakfast or Snack Only	I	Iron
SN	Snack Only	+	Allow But Warn
WG	Whole Grain-Rich		
14	French Bread		
15	French Toast * (I)		
16	Fry Bread HF		
147	Garlic Bread / Toast *		
17	Hamburger Buns (I)		
18	Hawaiian Bread		
20	Hot Dog Buns		
21	Hush Puppies * HF		
22	Italian Bread		
23	Oatmeal Bread (I)		
24	Pilot Bread		
25	Pita Bread (I)		
26	Potato Bread		
27	Pumpernickel Bread		
28	Rolls (I)		
30	Rye Bread		
31	Scones *		
32	Sourdough Bread		
33	Spoonbread *		
34	Stuffing / Dressing		
35	Wheat Bread (I)		
36	White Bread (I)		
Cereals			
37	Cereal Snack Mix * BR/SN (I)		
40	Cold Cereal (I)		
41	Hot Cereal		
Crackers			
210	Animal Crackers - Plain		
211	Cheese Crackers		
212	Cmb Crackers		
213	Graham Crackers-Original		
214	Hi Ho / Ritz Crackers		
61	Melba Toast		
64	Other Crackers		
215	Oyster Crackers		
216	Rye Crisps		
62	Saltine Crackers		
63	Snack Crackers		

Mid Michigan Child Care Centers

Brd/Alt		Veg/Frt/Juice	
Crackers		Rice	
220	Soda Crackers	111	Pretzel, Soft (I)
221	Teething Biscuit	130	Brown Rice WG (I)
65	Wheat Crackers (I)	131	Fried Rice * HF (I)
66	Zwieback (I)	132	Rice Cakes (I)
Crusts		133	Spanish Rice
71	Pizza Crust * (I)	134	White Rice (I)
72	Puff Pastry Shells * HF	135	Wild Rice WG (I)
Grains		Tortillas	
80	Barley	140	Corn / Flour Tortilla
81	Bulgur	141	Taco Chips *
113	Cheese Puffs LD/SN	142	Taco Shell *
112	Chip, Corn/Wheat	Veg or Fruit Breads	
42	Corn Dog Wrap *	143	Fruit Muffin / Bread *
82	Couscous	146	Other Muffins * (I)
83	Farina (I)	145	Other Quick Bread *
84	Grits (Enriched Flour)	144	Vegetable Muffin / Bread *
85	Lefsa	Veg/Frt/Juice	
86	Millet	Fruits	
87	Oats (AI)	1	Apples (C)
43	popcorn WG *	2	Applesauce (C)
276	Quinoa	3	Apricots (A)
114	Sun Chips LD/SN	4	Bananas (C)
Pancakes		5	Blackberries (C)
88	Pancakes / Waffles (I)	6	Blueberries (C)
Pasta or Noodles		7	Boysenberries
100	Egg Noodles * (I)	8	Cantaloupe (AC)
101	Lasagna Noodles (I)	43	Cherries (A)
102	Macaroni Noodles (I)	10	Cranberries / Sauce
103	Other Noodles (I)	11	Dates
107	Pasta Noodles, Various (I)	12	Figs
108	Pierogies Bread	13	Grapefruit (C)
104	Ramen Noodles (I)	14	Grapes
105	Ravioli (I)	15	Guava (C)
106	Soup Noodles (Packaged) (I)	16	Honeydew Melon (AC)
Pretzels		17	Jello with Fruit
110	Pretzel, Hard * (I)	18	Kiwi (C)
Legend:		20	Mandarin Oranges (AC)
CN	Must Have CN Label	HF	High Fat
DBL	Double Portion Required	HM	Homemade
*	Disallowed for Infants 6-11 months	HS	High Salt
~	Disallowed for Non-Infants	A	Vitamin A
BR	Breakfast Only	C	Vitamin C
BR/SN	Breakfast or Snack Only	I	Iron
SN	Snack Only	+	Allow But Warn
WG	Whole Grain-Rich		

Mid Michigan Child Care Centers

Veg/Frt/Juice		
Fruits		150 Artichokes
21 Mangos (AC)		151 Asparagus (C)
22 Mixed Fruit		152 Avocado HF
23 Nectarines (AC)		153 Bamboo Shoots
24 Oranges (C)		154 Beets
25 Papaya (AC)		156 Broccoflower
26 Peaches (AC)		155 Broccoli (AC)
27 Pears (C)		157 Carrots (A)
28 Persimmons		158 Cauliflower (C)
30 Pineapple (C)		160 Celery
31 Plums (AC)		161 Corn
32 Prunes (AI)		162 Cucumbers
33 Raisins * (I)		163 Eggplant
34 Raspberries (C)		164 Mixed Vegetables
35 Rhubarb		165 Mushrooms
36 Star fruit		240 Okra (C)
37 Strawberries (C)		166 Okra (fresh) (C)
38 Tangerines (C)		167 Olives
40 Ugli Fruit		168 Onions (C)
42 Waldorf Salad		170 Parsnip (C)
41 Watermelon (AC)		171 Peppers, Red / Green / Yellow (C)
Juices		172 Pickles
50 Apple Cider* * (C)		173 Pumpkin (AC)
51 Apple Juice* * (C)		175 Rutabagas (C)
52 Carrot Juice* * (A)		174 Salsa
53 Cherry Juice* * (A)		176 Sauerkraut
54 Grape Juice* * (C)		177 Spinach (ACI)
55 Grapefruit Juice* * (C)		178 Sprouts (any kind)
56 Juicy Juice* *		180 Squash (C)
57 Mixed / Blended Juice (100% Juice)* *		Beans
58 Orange Juice* * (C)		181 Baked Beans (I)
60 Pear Juice / Blends 100% Juice* * (C)		182 Black Beans (I)
61 Pineapple Juice* * (C)		183 Great Northern Beans (I)
62 Prune Juice* * (AI)		184 Green / Yellow Beans (I)
63 Tomato / Vegetable Juice* * (AC)		185 Lentils (I)
64 Tropical Blend / Juice* *		186 Lima Beans (CI)
Vegetables		187 Mung Beans (I)
		188 Navy Beans (I)
Legend:	CN Must Have CN label	HF High Fat
	DBL Double Portion Required	HM Homemade
	* Disallowed for Infants 6-11 months	HS High Salt
	- Disallowed for Non-Infants	A Vitamin A
	BR Breakfast Only	C Vitamin C
	BR/SN Breakfast or Snack Only	I Iron
	SN Snack Only	+ Allow But Warn
	WG Whole Grain-Rich	

Veg/Frt/Juice

Beans

- 200 Other Beans (I)
- 201 Pinto Beans (I)
- 202 Red / Kidney Beans (I)
- 203 Refried Beans (I)
- 204 Soybeans (I)
- 205 Wax / Yellow Beans (CI)

Greens / Leafy Vegetables

- 206 Cabbage (C)
- 207 Collard Greens (AC)
- 213 Greens, Mustard (AC)
- 215 Greens, Turnip (AC)
- 208 Jicama
- 210 Kale (AC)
- 211 Lettuce
- 212 Lettuce and Tomato
- 214 Tossed Salad

Peas

- 235 Blackeyed Peas (I)
- 216 Dried Peas (I)
- 217 Garbanzo Beans / Chick Peas (I)
- 218 Green Peas (CI)
- 220 Peas and Carrots (ACI)

Potatoes

- 221 Baked Potato
- 222 French Fries HF (C)
- 223 Fried Potatoes HF (C)
- 224 Hash Browns HF (C)
- 225 Mashed Potatoes (C)
- 226 Other Potato
- 227 Potato Salad (C)
- 228 Potato Skins (C)
- 230 Sweet Potato/Yams (AC)
- 234 Tater Tots HF (C)

Tomatoes

- 231 Stewed Tomatoes (AC)
- 233 Tomato Sauce (AC)

- 232 Tomatoes, Fresh (AC)

Soups

- 250 Bean Soup (I)
- 253 Chili
- 254 Chunky Vegetable Soup
- 255 Clam Chowder
- 257 Minestrone Soup
- 258 Potato Soup (C)
- 260 Split Pea Soup (I)
- 261 Tomato Soup (AC)
- 263 Vegetable Soup (A)

Milk

Milk

- 1 Buttermilk * (A)
- 2 Eggnog (Commercial) *
- 7 Fluid Milk * (A)
- 8 Milkshakes HM * (A)
- 9 Special Provision/Soy Milk (Dr Statement Req) *

Infant Only

Infant Meats

- 217 Cooked Dry Beans / Peas ~ (I)
- 211 Infant Beef ~ (I)
- 212 Infant Chicken ~ (I)
- 210 Infant Egg ~
- 213 Infant Ham ~ (I)
- 214 Infant Lamb ~ (I)
- 215 Infant Turkey ~ (I)
- 216 Infant Veal ~ (I)
- 218 Unprocessed Cheese ~

Infant Cereals

- 201 Infant Barley Cereal ~
- 202 Infant High-Protein Cereal ~ (I)
- 203 Infant Mixed Cereal ~ (I)
- 204 Infant Oatmeal Cereal ~ (AI)
- 205 Infant Rice Cereal ~ (I)

Infant Formula

- 11 Breast Milk / Iron Fort. Infant Formula ~ (A)
- 13 Parent Supplied Formula ~
- 12 Special Formula (Medical Form Required) ~

NON-CREDITABLE FOOD ITEMS

The foods listed below do not contribute toward the Child and Adult Care Food Program meal pattern requirements. The alphabetical list is not all-inclusive of non-creditable foods. Use of a product brand name is not an endorsement, but is used for clarity.

- Acorns
- Baco-bits
- BBQ sauce
- Breakfast bars, all varieties
- Brownies
- Cake, all varieties
- Candy
- Carmel corn
- Carob
- Catsup
- Cereal bars, all varieties
- Certified raw milk
- Cheese, imitation
- Cheese, powdered in boxed mac & cheese
- Chestnuts
- Chili sauce
- Chitterlings
- Chocolate bars
- Chocolate covered raisins
- Coconut
- Cobbler
- Coffee cake
- Cookies, all varieties
- Crab, imitation
- Cracker Jacks
- Cranberry juice cocktail
- Cream
- Cream cheese
- Cream soups
- Cream sauces
- Custard
- Dairy substitutes
- Dairy whip
- Doughnuts, all varieties
- Eggnog, made with raw eggs
- Egg substitutes
- Evaporated milk
- Fiddle Faddle
- Five Alive
- Fruit drinks
- Fruit leathers, commercial
- Fruit roll-ups
- Fruit spreads
- Fruit turnovers
- Frozen yogurt
- Fudgsicles
- Gatorade
- Gelatin
- Goat's milk
- Granola bars, all varieties
- Half & Half
- Ham hocks
- Hawaiian Punch
- Hi-C
- Home-canned foods
- Hominy
- Honey
- Hot chocolate, with water
- Ice cream
- Iced tea
- Infant dinners, commercial
- Jam, jelly, preserves
- Jell-O
- Ketchup
- Kool-aid
- Lemonade
- Low-iron infant formula
- Marshmallows
- Milk, imitation
- Molasses
- Neck bones
- Nectar
- Neufchatel cheese
- Non-fat dry milk
- Nut or seed meal/flour
- Pickle relish
- Pie crust, dessert
- Pigs feet
- Pop Tarts
- Pork skins
- Potted meats
- Pringles
- Pudding
- Pudding pops
- Punch
- Sherbet
- Shoe string potatoes
- Sizzalean
- Soft drinks
- Sour cream
- Soy milk
- Spam
- Surimi
- Sweet rolls
- Syrup
- Tang
- Tapioca
- Toaster pastries, all varieties
- Vanilla Wafers
- Vitamite
- Water, bottled
- Wild game/fowl