

Center: \_\_\_\_\_

Month: \_\_\_\_\_ Year: \_\_\_\_\_



**Mid Michigan Child Care Centers, Inc.**

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 1-800-742-3663 Fax: 989-695-5488

*This institution is an equal opportunity provider. .*

**Infant Menu Record  
 For Infants 0 through 5 Months**

NOTE: On the day the infant turns 6 months, the new infant meal pattern must be followed.

An infant menu record must be kept for each child under 12 months of age.

Required Components	List of Food (s) Actually Served Each Day				
	Date	Date	Date	Date	Date
<b>Breakfast</b> 4 to 6 ounces breastmilk or iron fortified infant formula	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.
<b>A.M. Snack</b> 4 to 6 ounces breastmilk or iron fortified infant formula	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.
<b>Lunch</b> 4 to 6 ounces breastmilk or iron fortified infant formula	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.
<b>P.M. Snack</b> 4 to 6 ounces breastmilk or iron fortified infant formula	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.
<b>Supper</b> 4 to 6 ounces breastmilk or iron fortified infant formula	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.
<b>EVE. Snack</b> 4 to 6 ounces breastmilk or iron fortified infant formula	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.	_____ OZ.

- Reminders:**
- Breastmilk is the optimal source of nutrients.
  - Breastmilk is creditable if fed on-site or expressed.
  - Dessert-type baby foods are not creditable.
  - Combination baby foods are not creditable.
  - Vegetable/Fruit juices are NOT creditable for infants.
  - Cereal at Breakfast, Lunch and Supper must be infant iron-fortified, dry cereal.
  - Fish sticks, hot dogs, meat sticks, peanut butter are NOT creditable for infants.
  - Beans & Peas must be “dry” cooked in order to credit as meat/meat alternate.
  - Child should be switched to the Regular Menu on 1<sup>st</sup> birthday.
  - Formula/Food Sign Off Statements are required to be submitted to the food program.
  - Serving size amounts are required to be listed with the food item.
  - Yogurt must contain no more than 23 grams of sugar per 6 oz. serving.

Child's First and Last Name	Child's Birthdate & Age	Breastmilk or Formula Type